



Maritime Trip Day 22 September 13, 2010 51 degrees F, cloudy

Today's planned adventure was touring the Cabot Trail, a 290 kilometer (180 mile) drive around the Cape Breton, Nova Scotia. It took us 8 hours! The Trail winds through stunning landscapes, along the Margaree River and through the rugged Highlands. The seashore is visible for most of the journey. It is named after John Cabot, an Italian explorer who reached Nova Scotia in 1497. The Trail connects communities of Acadian (French), Irish, Scottish and Indian descent, each with its rich heritage, culture, foods and crafts. We stopped for lunch at the Midpoint Resort—a local favorite with homemade vegetable soup and sandwiches.

Earlier in our day while visiting one of the many artisan workshops, we saw the Clucking Hen, a bakery. Of course, we stopped to take a snack of tea and fresh baked goodies!

The day turned out to be mostly sunny and warmer than yesterday! We spent the evening doing laundry and eating fresh baked blueberry pie with our evening tea.